

- Madison Centofanti, OMS-3: Pre-Med Athlete Perspective
  - Played Division I tennis at three universities!
  - For athletes:
    - When looking into possible undergraduate institutions, research the following:
      - Academic advising
      - Athletic advising
      - Communication of goals with coaches, etc.
    - Keep track of community service opportunities.
    - Put academics before athletics.
    - Stay true to yourself and be resilient.
    - Journal!
    - Stay focused on you and your journey.