- Caitlin Copa, OMS-2: Choosing Extracurriculars in Medical School
 - Student Government
 - More time-intensive
 - Interest Groups
 - Usually interest groups for each specialty
 - Good to limit to around two total
 - Nice way to explore specialties you are interested in
 - Student-Run Clinics
 - Research
 - Wet lab and clinical
 - Fun Clubs
 - Sports, etc.
 - Personal Rule of Thumb
 - 1-2 extracurricular leadership positions
 - 5 clubs total